Connecting Maybelle members & volunteers

# Community **VOICE**



Jan 2023



# **Member Forum**

Fri, Jan 13<sup>th</sup>, 11:45 AM-1 PM Southside A & B

Join us for pizza as we brainstorm new ideas and discuss any concerns.

# **Skip-Bo Tournament**

Tue, Jan 17th 1-3 PM | Community Room

Who will reign as this year's Skip-Bo King and Queen? Join the Skip-Bo tournament or cheer on participants.



# **Cooking Class**

Mon, Jan 9<sup>th</sup>, 9:30-11 AM *Community Room* 



Learn some easy cooking techniques and recipes right in the Community Room. We'll end the class by enjoying a shared meal.

# **Oregon Jewish Museum**

Wed, Jan 25<sup>th</sup>, 10 AM-noon Meet at Maybelle Center



Meet at Maybelle Center, and we'll walk over to the Oregon Jewish Museum and Center for Holocaust Education, just two blocks away.

The Oregon Jewish Museum teaches the enduring and universal relevance of the Holocaust and provides opportunities for intercultural conversations.

Theatre Class participants at their Improv Performance in December

> Tim & Brayden



Calvin & Jennifer

# **Theatre Class**

Wednesdays, 3-4:30 PM Starting Jan 18<sup>th</sup> Community Room

Join our Theatre Classes! We will learn about the basics of acting and improv. It's a great way to build self-confidence and build a strong sense of community. We will work towards performing a variety show for our community.

No experience is needed. For more information, contact Jennifer at 971-202-7466.

# **Arts and Crafts**

Wed, Jan 11<sup>th</sup>, 10-11:30 AM *Community Room* 

Bring your own art projects to work on or pick from various mediums – there's a new project each class!

## ONGOING OPPORTUNITIES



# **Arts and Crafts**

Wed | 10:30 AM-noon, dates vary

(Jan date: 1/11) Community Room

Try a new project each class, or bring your own art projects to work on!



# **Birthday Celebration**

Last Thurs each month | 2 PM

(Jan date: 1/26) Community Room



# **Bring a Neighbor Day**

3rd Mon | 1-3 PM (No January date)

Community Room

Bring someone from your building who may be interested in being a member!



# **Community Choir**

Mon | 11 AM-12:30 PM (Starting Jan 9th)

In-person & online Link: maybellecenter.org/choirzoom

Have fun and meet new friends while practicing your singing skills. No experience is necessary!



# **Community Room**

Mon | 1-3 PM

Tue/Thu | 10 AM-noon (vaccinated-only) Tue/Thu | 1-3 PM

Fri I 10 AM-noon & 1-3 PM

- Bingo every Fri at 10 AM
- Movie every Fri at 1 PM



### Karaoke

2<sup>nd</sup> Tues each month | 1-3 PM (Jan date: 1/10)

Community Room

Pick out your favorite songs and come sing with us, or just enjoy the show!



# **Member Forum**

Once per quarter (4x/yr)11:45 AM-1 PM

(Next date: Jan 13, 2023)

Southside A & B

Join us for pizza as we brainstorm new ideas and discuss any concerns.



# Men's Group

Thurs | 11 AM-noon | Southside B



## **Theater Class**

Wed | 3-4:30 PM (Starting Jan 18th)

Community Room

A great way to build self-confidence and community while learning the basics of acting and theatre. No experience needed.



# 'Too Blessed to be Stressed' **Women's Spirituality Group**

Fri | 1-2 PM | Southside B

# **Weekly Social Chat or** Social Visit with a Student

Mutually agreed upon time & location

# **Spiritual Support**

Mutually agreed upon time & location

Please note that Tuesday and Thursday mornings in the Community Room are reserved for vaccinated members. Please bring proof of vaccination on your first visit. All other activities are open to everyone.



Details & updates at <u>maybellecenter.org/events</u>
Tues & Thurs mornings in the Community Room are reserved for vaccinated members. All other activities are open to everyone.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 CENTER CLOSED	10 AM-noon Community Rm (vaccinated-only) 1-3 PM Community Rm	4	10 AM-noon Community Rm (vaccinated-only) 11 AM-noon Men's Group	10 AM-noon Bingo 1-2 PM Women's Grp 1-3 PM Movie	7
8	9:30-11 AM Cooking Class  11 AM-12:30 PM Choir 1-3 PM Community Rm	10 10 AM-noon Community Rm (vaccinated-only) 1-3 PM Community Rm 1-3 PM Karaoke	11 10-11:30 AM Arts & Crafts	12 10 AM-noon Community Rm (vaccinated-only) 11 AM-noon Men's Group	10 AM-noon Bingo  11:45 AM-1 PM Member Forum  1-2 PM Women's Grp  1-3 PM Movie	14
15	16  CENTER CLOSED	17 10 AM-noon Community Rm (vaccinated-only)  1-3 PM Skip-bo Tournement	3-4:30 PM Theatre Class	19 10 AM-noon Community Rm (vaccinated-only) 11 AM-noon Men's Group	20  BNO 10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie	21
22	23  11 AM-12:30 PM Choir 1-3 PM Community Rm	24  10 AM-noon Community Rm (vaccinated-only)  1-3 PM Community Rm	25 10 AM-noon Jewish Museum Outing 3-4:30 PM Theatre Class	26 10 AM-noon Community Rm (vaccinated-only) 11 AM-noon Men's Group 1-3 PM Community Rm 2 PM Birthdays!	27  BINGO 10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie	28
29	11 AM-12:30 PM Choir 1-3 PM Community Rm	31 10 AM-noon Community Rm (vaccinated-only) 1-3 PM Community Rm		Get the o	calendar ır phone	

**Holiday Party**Members, staff, and volunteers gather at our Holiday Party in December.







# Choir

Maybelle Community Singers performed alongside PSU Choirs, Bravo Youth Orchestra, and Aurora Chorus on Friday, Dec 2<sup>nd</sup>.

# Have-A-Sole

Nearly 100 members left with brand new Nike shoes. Though some had to wait longer than expected, everyone left with a huge smile.



<<First Name>> <<Last Name>>
<<Mailing Address Line 1>>
<<Mailing Address Line 2>>
<<Mailing City>>, <<Mailing State/Province>>
<<Mailing Zip/Postal Code>>

MEMBER & VOLUNTEER NEWSLETTER
Jan 2023

# Meet Morgan (she/they) Community Room Specialist

Morgan brings over 10 years of community-care work, from human and social services to activism and mutual aid. But what makes Morgan especially valuable is her intuitive ability to read a room and truly meet people where they're at. Recently, Morgan's added end-of-life doula training to her ever-expanding arsenal of community-care skills.

When Morgan isn't working, you'll likely find her spending time with loved ones, volunteering at hospice, reading, walking in the forest, or dancing to live music.

# Meet Shane (he/they) Member Outreach Coordinator

Community and service work captivated Shane as a teen. Since then, he's been a nonprofit "jack-of-all-trades," serving on boards, producing community and regional theater, organizing events, and doing loads of educational and activism work — all while keeping day jobs as a server, bartender, or licensed massage therapist.

When Shane's not at work, you can find them hiking, bicycling, or seeking out some sort of Portland whimsy with his partner, Alec, and dog, Frodo.