

Maybelle's Community VOICE

 **MAYBELLE**
CENTER FOR COMMUNITY

Nov 2022



Portland Art Museum

Wed, Nov 23rd, 10 AM-noon

P Join us on a trip to the Portland Art Museum! Tickets include access to all special exhibitions.

Current exhibits include Korean art, Art by Sharita Towne & a Black Art Ecology of Portland, Portraiture from the Collection of NW Art, and Black Excellence on the World Stage.

Meet in the Community Room, and we will ride the bus together. Make sure to bring your SNAP card to qualify for discounted tickets; Maybelle will cover the remaining cost.

Open to everyone (regardless of vaccination status).

HAVA SOLE

Need new sneakers?

Fri, Nov 11th, 2:30-4 PM

Maybelle South Conference B
(enter through Community Rm)

Maybelle Members have an opportunity to pick out a new pair of shoes donated by Have A Sole with the support of local Nike Outlets. Limited to 75 people.

If you would like a new pair of shoes, please contact Jennifer to schedule a time slot to try them on and pick out a pair during the event.

For more information, contact Jennifer @ 971-202-7466.

Open to everyone (regardless of vaccination)

Note:

Because of this event, there will be no movie in the Community Room on Fri, Nov 11th.

Newsletter scavenger hunt

Enter to win a \$5 Amazon card

The word "gobble" is hidden somewhere in this newsletter. If you find it, text the page number along with your name to 503-300-6395 and you'll be entered into a drawing for a \$5 Amazon gift card.

Sometimes I wish I could be a cowboy

A reflection on transition and saying 'goodbye'

Sometimes I wish I could be a cowboy. To be clear, I don't have fantasies about donning chaps or dung-infested boots while riding in a saddle all day. But sometimes, I want to possess the stereotyped cowboy ability to say goodbye without a second thought or glance.

I don't know about you, but I don't like the word 'goodbye' – and it seems like we've had to say it too frequently around Maybelle Center lately.

Saying 'bye' to someone we care about deeply doesn't feel 'good' – in fact, it feels pretty downright crummy (substitute an expletive if you like). Goodbyes often seem like an abrupt ending to a movie I'm thoroughly enjoying.

Change may be an inevitable part of life, but when you're saying goodbye to such wonderful people like Celeste, Julian, and Mo – I don't want things to change because I like having them around. I'm sure many of you can relate.

In these moments of transition, I try to reflect on how fortunate I am to have journeyed alongside so many wonderful people. My wise friend Calvin (which many of you know) says,

Every conversation is a gift. When two people come together in a joint experience, you're giving me part of you; I'm giving you part of me. I have a choice whether to take that and learn.

Everything I've learned in my life from everyone that allowed me to be in their circle, I pass it on.*

Staff, volunteers, and members are all part of the Maybelle Center Community. And whether we've known them for three minutes or three years, their impact will stay with us forever. It's a reminder not to take for granted the knowledge, joy, or insight they've shared with us – and that it's our responsibility to pass it on to others in the next chapter of our community.

See you around soon,
– Jillianne (Center Staff)



**Excerpt from a Maybelle Center short film co-directed by Maybelle Center member Calvin Martinez in 2019. You can view the video at <https://youtu.be/ORAIQgk3-0g>*

Staff comings and goings

Goodbyes: Mo & Julian (We wish them well and will miss them!)



Interim: We'll be hiring new folks to fill the open roles – so if you know any fabulous people, send them our way! While both Celeste and Mo have accepted other jobs, they will work at Maybelle Center on Fridays during the transition.

Welcome: Please warmly welcome Aimee, our new People & Culture Director (HR), who will be bridging Maybelle Center and Macdonald Residence.

Get to know Aimee!



Get to know Aimee

Our new People & Culture Director

After beginning a career in finance, Aimee quickly realized that she is fascinated by people and what motivates them. A recent PNW transplant from Indiana, Aimee brings nearly a decade of HR experience, primarily in tech. While always prioritizing employee growth and development, she gets jazz hands when she optimizes workflows to improve the employee experience. An avid learner, Aimee holds certifications from SHRM and HRCI and is currently finishing an MS in Industrial/Organizational Psychology.



Outside of work, you'll find Aimee drinking coffee somewhere near water. There's never a dull moment with 2 furry children, 6 human children (ages 10-27), an awesomely nerdy husband, and a granddaughter that rules them all.

Winter Party Gift Request

Choose your gift (\$30 budget) - now until Nov 15th

It's almost that time of year! Santa is making his list and wants to know what gift you would like this holiday season. Please keep your gift requests under \$30. All gifts will be wrapped and ready for pick up at our Winter Party on December 15th!

Some ideas: Clothing, sheets, towels, bedding, shoes, slippers, other household items, music, movies, books, magazines, games.

To request a gift, fill out the request form below and drop it buy the Community Room by November 15th (extra forms will be available if you forget). Alternatively, you can contact Jennifer @ 971-202-7466 or jwyant@maybellecenter.org and she'll fill out the form for you.

WINTER PARTY

Gift Request

All gift requests need to be received by Tue, Nov 15th

Name: _____

Building: _____

Apt/Rm #: _____

Phone: _____

Gift Request: _____

(remember to include sizes if choosing clothing)



ONGOING OPPORTUNITIES



Arts and Crafts*

Wed | 10:30 AM–noon, dates vary
(Nov dates: 11/2, 11/16, 11/30)

Community Room

Try a new project each class, or bring your own art projects to work on!



Birthday Celebration*

Last Thurs each month | 2 PM
(Nov date: 11/17 - moved for holiday)

Community Room



Bring a Neighbor Day*

3rd Mon | 1-3 PM
(Nov date: 11/21)

Community Room

Bring someone from your building who may be interested in being a member!



Community Choir*

Mon | 11 AM-12:30 PM

In-person & online

Link: maybellecenter.org/choirzoom



Have fun and meet new friends while practicing your singing skills. No experience is necessary!



Community Room*

Mon | 1-3 PM

Tue/Thurs/Fri | 10 AM-noon & 1-3 PM

- Bingo every Fri at 10 AM 
- Movie every Fri at 1 PM 



Karaoke*

2nd Tues each month | 1-3 PM
(Nov date: 11/8)

Community Room

Pick out your favorite songs and come sing with us, or just enjoy the show!



Member Forum*

Once per quarter (4x/yr) | 12-1 PM
(Next date: Early 2023)

Community Room

Join us for pizza as we brainstorm new ideas and discuss any questions or concerns.



Men's Group*

Thurs | 11 AM-noon | *Meditation Rm*



Theater Class*

Fri | 3-5 PM (Sept through Dec)

Community Room

A great way to build self-confidence and community while learning the basics of acting and theatre. No experience needed.



'Too Blessed to be Stressed' Women's Spirituality Group*

Fri | 1-2 PM | *Classroom*



Walk & Roll

1st Thurs each month | 12-1 PM
(Oct date: 11/3)

Meet outside Maybelle Center

Weekly Social Chat or Social Visit with a Student*

Mutually agreed upon time & location

Spiritual Support

Mutually agreed upon time & location

Resource Navigation

Schedule an appointment:

971-202-7451 (call), 503-453-4955 (text),
mphillips@maybellecenter.org.

**Currently open to vaccinated members*

Classes & opportunities adjustments

We're always adjusting our classes and opportunities based on member interests. For example, we've recently introduced new classes such as Theatre and Arts & Crafts. On the flip side, we've discontinued Outdoor Gathering, Tech Workshop, and Virtual Community due to limited participation and staffing.

Nov 2022

Details & updates at maybellecenter.org/events
 During this post/mid-COVID period, requirements around vaccination can vary by event. Please check event details.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1  10 AM-noon & 1-3 PM Community Rm	2  10:30 AM-noon Arts & Crafts	3  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group  12 -1 PM Walk & Roll	4  10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie  3-5 PM Theatre Class	5
6	7  11 AM-12:30 PM Choir  1-3 PM Community Rm	8  10 AM-noon Community Rm  1-3 PM Karaoke	9	10  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group	11  10 AM-noon Bingo  1-2 PM Women's Grp  2:30-4 PM Have a Sole  3-5 PM Theatre Class	12
13	14  9:30-11 AM Cooking Class  11 AM-12:30 PM Choir  1-3 PM Community Rm	15  10 AM-noon & 1-3 PM Community Rm Gift requests due	16  10:30 AM-noon Arts & Crafts	17  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group  2 PM Birthdays!	18  10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie  3-5 PM Theatre Class	19
20	21  11 AM-12:30 PM Choir  1-3 PM Community Rm  1-3 PM Bring a Neighbor Day	22  10 AM-noon & 1-3 PM Community Rm	23  10 AM-noon Portland Art Museum Outing	24 Center closed for Thanksgiving	25 Center closed for Thanksgiving	26
27	28  11 AM-12:30 PM Choir  1-3 PM Community Rm	29  10 AM-noon & 1-3 PM Community Rm	30  10:30 AM-noon Arts & Crafts	Get the calendar on your phone 		



MAYBELLE

CENTER FOR COMMUNITY

121 NW Sixth Avenue
Portland, OR 97209
maybellecenter.org
503-222-5720

<<First Name>> <<Last Name>>
<<Mailing Address Line 1>>
<<Mailing Address Line 2>>
<<Mailing City>>, <<Mailing State/Province>>
<<Mailing Zip/Postal Code>>

MEMBER & VOLUNTEER NEWSLETTER

Nov 2022



Save the Date! Winter Party

December 15th | Noon-3 PM

Maybelle Center Community Room & Southside A and B

This year's Winter Party will be held at Maybelle Center on December 15th. Join us for holiday festivities, lunch, entertainment, and pick up your gift. *Open to everyone (regardless of vaccination).*

*Find out how
to request your
gift inside!*

Cooking Class

Monday, November 14th, 9:30-11 AM
Community Room



This month we are learning how to make a delicious meal with a slow cooker! Supplies are included. By the end of the class, you will know how to use a crockpot to cook a variety of easy, healthy recipes. Preparing more home-cooked meals will help you improve your diet and enhance your health.