



# Maybelle's Community VOICE



Sept 2022

## Women's Retreat



Wed, Sept 21<sup>st</sup>, 10 AM-3 PM  
Menucha Retreat Center

Join us for a day of reflection, intention, community, and celebration in the Columbia Gorge. Transportation and food included.

To attend, RSVP to Maura at 971-202-7451. Only 10 spots available, so sign up soon!



## New Theater Class starts Sept 16<sup>th</sup>!

Every Fri, 3-5 PM  
Sept-Dec  
Community Room

Join our community theatre classes to learn the basics of acting and theatre. It's a great way to build self-confidence and a strong sense of community. We'll work towards performing a variety show in December.

No experience is needed. For more information, contact Jennifer at 971-202-7466.

## Choir Meet and Greet



A gathering of current choir members & those interested in learning more

Mon, Sept 12<sup>th</sup>, 11 AM-12:30 PM | Classroom

Choir is back! We invite current choir members and anyone interested in learning more about the choir to join us for an informal gathering where we'll get to know each other and sing a few songs.

No experience is necessary – everyone can sing! Choir is a great way to meet new people, have fun, and give back to your community. Snacks will be provided.



Members, volunteers, and staff gather for choir rehearsal in our Community Room during a previous season.

## ONGOING OPPORTUNITIES



### Arts and Crafts\*

Wed | 10:30 AM – noon, dates vary  
(Sept dates: 9/14 & 9/28)

Community Room

Bring your own art projects to work on or pick from various mediums - there's new projects each class!



### Birthday Celebration\*

Last Thurs each month | 2 PM  
(Sept date: 9/22)

Community Room



### Community Choir\*

11 AM-12:30 PM

In-person & online

Link: [maybellecter.org/choirzoom](http://maybellecter.org/choirzoom)

Joining our Community Choir is a great way to have fun and meet new friends while you practice your singing skills. No experience is necessary – everyone can sing! We perform several times a year, but performances are always optional. Contact Jennifer for more info (971-202-7466).

Starts Sept  
19<sup>th</sup>



### Community Room\*

Mon | 1-3 PM

Tue/Thurs/Fri | 10 AM-noon & 1-3 PM

- Bingo every Fri at 10 AM
- Movie every Fri at 1 PM



### Karaoke\*

2<sup>nd</sup> Tues each month | 1-3 PM  
(Sept date: 9/13)

Community Room

Pick out your favorite songs and come sing with us, or just enjoy the show!



### Member Forum (on break)\*

Community Room



### Men's Group\*

Thurs | 11 AM-noon | Meditation Rm



### Outdoor Gathering

Wed | 11 AM-12:30 PM

Park blocks at Everett & Flanders

(canceled if less than 40 degrees or raining hard)  
(canceled if over 90 degrees or smoky)



### Tech Workshop\*

1<sup>st</sup> Thurs each month | 1-2 PM  
(Sept date: 9/1)

Community Room

Bring your gadgets and tech questions to a workshop with Mo! We'll work together to navigate any tech challenges you are facing.



### 'Too Blessed to be Stressed' Women's Spirituality Group\*

Fri | 1-2 PM | Classroom



### Virtual Gathering

1<sup>st</sup> & 3<sup>rd</sup> Thurs | 3:30-4:30 PM | Online  
(Sept dates: 9/1 & 9/15)

Link: [maybellecter.org/communityzoom](http://maybellecter.org/communityzoom)



### Walk & Roll

1<sup>st</sup> Thurs each month | 12-1 PM  
(Sept date: 9/1)

Meet outside Maybelle Center



### Window Decorating\*

2<sup>nd</sup> Wed each month | 10-11 AM  
(Sept date: 9/14)

Community Room

### Weekly Social Chats

Mutually agreed upon time & location

### Spiritual Support

Mutually agreed upon time & location

### Resource Navigation

Schedule an appointment with Mo:  
971-202-7451 (call), 503-453-4955 (text),  
[mphillips@maybellecter.org](mailto:mphillips@maybellecter.org).

### Social Visit with a Student\*

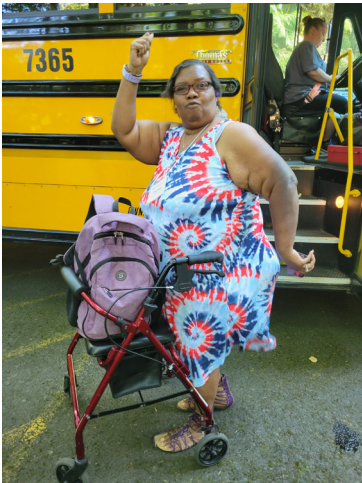
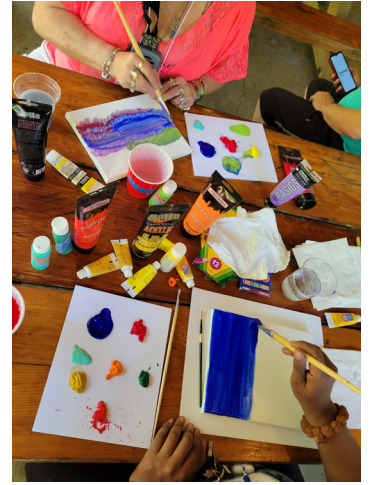
Mutually agreed upon time & location

\* All indoor events are currently open to vaccinated members. Everyone is welcome at outdoor and online events.



# Wildwood 2022

Our annual picnic excursion at Mt. Hood, a tradition for over 15 years!







## Visit the Portland Art Museum

Wed, Sept 7<sup>th</sup> | 10 AM-noon



Join us on a trip to the Portland Art Museum! Tickets include access to all special exhibitions. Current exhibits include Korean art, Japanese prints, photography, and Portland portraiture.

Make sure to bring your SNAP card to qualify for discounted tickets, and Maybelle will cover the cost. Meet in the Community Room and we will ride the bus together.

For more information, contact Jennifer at 971-202-7466 or [jwyant@maybellecenter.org](mailto:jwyant@maybellecenter.org). Open to all members.

## Bring a Neighbor Day

Mark your calendars!

Invite a neighbor or someone in your building to experience Maybelle Center

Mon, Oct 17<sup>th</sup>, 1-3 PM | Community Room

Do you know someone in your building that might be interested in becoming a member? Beginning October, you can bring a neighbor to the Community Room on the 3<sup>rd</sup> Monday of each month. You can introduce them to staff and other members, give them a tour, and maybe play a game of Skip-Bo.

Ensure they bring proof of vaccination if it's their first time inside Maybelle Center. You and your neighbor will both receive some swag! For more information, contact Julian at 971-202-7445.

## Our fully-restored singing mural is in the news

The mural is famous! It's been featured on KPTV, KOIN, The Oregonian, and the PSU Vanguard. You can view video clips and articles on our mural webpage: [maybellecenter.org/raininlove](http://maybellecenter.org/raininlove)

A big thank you to Crystal for restoring the mural after last month's graffiti!

# Sept 2022

Details & updates at [maybellecenter.org/events](https://maybellecenter.org/events)

Everyone is welcome at outdoor and online events.

All indoor events are currently open to vaccinated members.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Get the calendar on your phone</p>				<b>1</b> 12-1 PM Walk & Roll  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group  1-3 PM Tech  3:30-4:30 PM Virtual Gathering	<b>2</b> 10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie	<b>3</b>
<b>4</b>	<b>5</b> Center closed in honor of Labor Day	<b>6</b>  10 AM-noon & 1-3 PM Community Rm	<b>7</b>  10 AM-noon PDX Art Museum  11 AM-12:30 PM Outdoor Gathering	<b>8</b>  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group	<b>9</b>  10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie	<b>10</b>
<b>11</b>	<b>12</b>  11 AM-12:30 PM Community Choir Meet & Greet  1-3 PM Community Rm	<b>13</b>  10 AM-noon Community Rm  1-3 PM Karaoke	<b>14</b>  10-11 AM Window Decorating  10:30 AM-noon Arts & Crafts  11 AM-12:30 PM Outdoor Gathering	<b>15</b>  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group  3:30-4:30 PM Virtual Gathering	<b>16</b>  10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie  3-5 PM Theatre Class	<b>17</b>
<b>18</b>	<b>19</b>  11 AM-12:30 PM Choir  1-3 PM Community Rm	<b>20</b>  10 AM-noon & 1-3 PM Community Rm	<b>21</b>  10 AM-3 PM Women's Retreat (RSVP Required)  11 AM-12:30 PM Outdoor Gathering	<b>22</b>  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group  2 PM Birthdays!	<b>23</b>  10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie  3-5 PM Theatre Class	<b>24</b>
<b>25</b>	<b>26</b>  11 AM-12:30 PM Choir  1-3 PM Community Rm	<b>27</b>  10 AM-noon & 1-3 PM Community Rm	<b>28</b>  10:30 AM-noon Arts & Crafts  11 AM-12:30 PM Outdoor Gathering	<b>29</b>  10 AM-noon & 1-3 PM Community Rm  11 AM-noon Men's Group	<b>30</b>  10 AM-noon Bingo  1-2 PM Women's Grp  1-3 PM Movie  3-5 PM Theatre Class	



# MAYBELLE

CENTER FOR COMMUNITY

121 NW Sixth Avenue  
Portland, OR 97209  
maybellecter.org  
503-222-5720

<<First Name>> <<Last Name>>  
<<Mailing Address Line 1>>  
<<Mailing Address Line 2>>  
<<Mailing City>>, <<Mailing State/Province>>  
<<Mailing Zip/Postal Code>>

## MEMBER & VOLUNTEER NEWSLETTER

Sept 2022

### New puzzle table in our Community Room!

Come on down and give it a try  
anytime our Community Room is  
open: Mondays from 1-3 PM, and  
Tuesday-Fridays from 10 AM-noon  
and 1-3 PM.

Our avid puzzler, Royce, assembles  
a puzzle on our new table.



### Have a question or suggestion?

members@maybellecter.org | 503-300-6395