Community **VOICE**



June 2022

Concert in the Courtyard

Fri, June 10th | 11:30 AM-1:00 PM *Maybelle/Mac Res Courtyard*

Enjoy an afternoon of entertainment! This is the first of our summer concert series. Bring your lunch and enjoy some live acoustic music together in the sun.

Open to all members.

Paint our mural this June!

No experience necessary

Would you like to help paint a mural in our neighborhood? Throughout June, we will be working together to create a beautiful mural on the side of the old Embers Building (now called Badlands), adjacent to Macdonald Residence. Our Artist in Residence, Crystal Meneses, will be creating muralist cohorts to paint the new mural titled, It's Rainin' Love! All people and abilities are welcome to join in the painting fun.

If you would like to help paint, please text Crystal @ 503-358-6143. In your text message, please include your name and what days you are available to paint in June.

Open to all members.

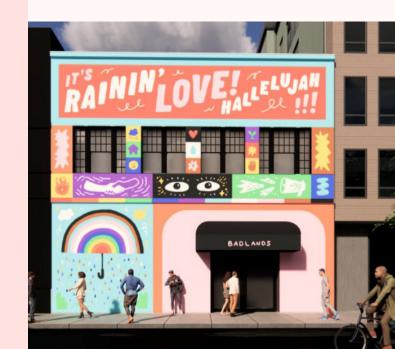
'Pride Together' Block Party and Mural Reveal

Sat, June 25th | noon Couch St. between Broadway & 6th Ave

Come dance, sing, and celebrate the completion of Maybelle Center's mural titled, It's Rainin' Love! The mural will be the only augmented reality mural in Oregon. When you hold up your cell phone, parts of the design will come to life, and you'll hear a recording of "It's Rainin' Love" sung by Maybelle Community Singers, Portland Gay Men's Chorus, and Portland Lesbian Choir.

Plus, there's a rumor that there might be a spontaneous song and dance flashmob!

Open to everyone, including vaccinated & unvaccinated members, family, and friends.



New Relationship Agreement for signature

Relationships based on mutual benefit are the foundation of our Maybelle Center community. To keep our community positive and healthy, we have to agree on how we will behave with each other. Our "Relationship Agreement" is a guide to the types of behaviors we want to see as well as those that should be avoided because they hurt others.

Staff will ask you to sign an updated Relationship Agreement when you come to the Center. If you do not plan on being at the Center soon, please ask for one to be mailed (members@maybellecenter.org or 971-202-7453).

Here is a copy of the new Relationship Agreement

As a part of Maybelle Center's community, I agree with the following:

- 1. We all want to feel seen, heard, and like we belong. That means...
 - treating everyone with kindness and acceptance, including using correct names or pronouns.
 - making room, being polite, and communicating because everyone's needs are different.
 - together we don't tolerate verbal or nonverbal slights, snubs, stereotypes, or insults that send hostile and derogatory messages to people based on their race, gender, sexuality, income level, disability, etc.
- 2. All of us want welcoming, safe, loving and comfortable places to spend time with friends and family. That means...
 - not carrying, using or displaying weapons, drugs, or alcohol.
 - not tolerating physical or verbal violence.
 - cooperating with staff instructions.
 - wearing shoes, pants, and a shirt.
 - being responsible for my belongings.
 - not handling other members' property.
 - treating community room property with care.
 - helping keep the community room clean.
 - racism and hate groups (groups with white supremacist ideologies like the KKK, Nazis/Aryan Nation; and other like-minded groups like Al-Qaeda, etc.) are not welcome.
- 3. Most of us seek to treat others the way we want to be treated. When conflict arises, this means...
 - to be open to resolving conflict by practicing active listening to those expressing hurt.
 - seek to understand all sides and address harm caused in a way that is meaningful and healing to every person involved

What happens when conflict arises? We are committed to working with each other to resolve conflict and restore positive relationships with members of the community. This may involve members meeting with staff to resolve conflict that could include creating a Community Room Support Plan (CRSP). A CRSP is created to establish supports that can facilitate your engagement or re-engagement in the community. We commit to helping each other navigate this process with compassion.

Developed and approved by Maybelle members and staff, Spring 2022

Member Art Show

Thank you to everyone who shared your creativity and talent with us at the Art Show in April!







Rose Garden Outing

Wed, June 22nd | 9:30 AM

We will be taking a trip to the International Rose Test Gardens in Washington Park! We will leave from Maybelle Center promptly at 9:30 AM and hop on the Max. We plan to stay 2 hours, but you're welcome to stay longer. We'll provide bus tickets and there's no entrance fee to the garden.

This will take the place of our Outdoor Gathering on 6/22. Open to all members.

Wildwood | July 27th

Invites arriving this month!

It's almost time for our most anticipated event of the year: Wildwood! RSVPs are required, so watch your mailbox.



Pick out your favorite songs and come sing with us! We are hosting karaoke in the Community Room on the 2nd Tuesday of each month.

Everyone is welcome at outdoor events. All indoor events are open to vaccinated members at this time.

ONGOING OPPORTUNITIES



Choir

Mon | 11 AM-12:30 PM

Classroom & online Link: maybellecenter.org/choirzoom



Community Room

Mon | 1-3 PM

Tue/Thurs/Fri | 10 AM-noon & 1-3 PM

- Bingo every Fri at 10 AM
- Movie every Fri at 1 PM



Member Forum

1st Tues each month | 11 AM-12 PM

(June date: 6/7) Community Room



Window Decorating

2nd Wed each month | 10-11 AM

(June date: 6/8) Community Room



Outdoor Gathering

Wed | 11 AM-12:30 PM (no mtg 6/22)

Park blocks at Everett & Flanders (canceled if <40 degrees or raining hard)



Walk & Roll

First Thurs each month | 12-1 PM

(June date: 6/2) Meet outside Maybelle Center



Birthday Celebration

Last Thurs each month | 2 PM

(June date: 6/30) Community Room



Men's Group

Thurs | 11 AM-noon | Meditation Rm

Virtual Gathering

Thurs | 3:30-4:30 PM | Online Link: maybellecenter.org/communityzoom

'Too Blessed to be Stressed' Women's Spirituality Group Fri | 1-2 PM | Classroom

Weekly Social Chats

Mutually agreed upon time & location



Find our most current calendar & details (including Zoom links) at maybellecenter.org/events

					at <u>maybenecenter.org/events</u>		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			11 AM-12:30 PM Outdoor Gathering	2 12 -1 PM Walk & Roll 10-noon & 1-3 PM Community Rm 11 AM-noon Men's Group Noon-1 PM Queer Allyship 3:30-4:30 PM Virtual Gathering	10 AM-noon Bingo 1-3 PM Movie 1-2 PM Women's Grp	4	
5	11 AM-12:30 PM Choir 1-3 PM Community Rm	7 10 AM-noon & 1-3 PM Community Rm 11 AM-12 PM Member Forum	10-11 AM Window Decorating 11 AM-12:30 PM Outdoor Gathering	10-noon & 1-3 PM Community Rm 11 AM-noon Men's Group Noon-1 PM Queer Allyship 3:30-4:30 PM Virtual Gathering	10 AM-noon Bingo 11:30 AM-1 PM Concert in the Courtyard 1-3 PM Movie 1-2 PM Women's Grp	11	
12	13 11 AM-12:30 PM Choir 1-3 PM Community Rm	10 AM-noon & 1-3 PM Community Rm 1-3 PM Karaoke	15 11 AM-12:30 PM Outdoor Gathering	16 10-noon & 1-3 PM Community Rm 11 AM-noon Men's Group Noon-1 PM Queer Allyship 3:30-4:30 PM Virtual Gathering	10 AM-noon Bingo 1-3 PM Movie 1-2 PM Women's Grp	18	
19	Center closed in honor of Juneteenth	21 10 AM-noon & 1-3 PM Community Rm	9:30 AM Rose Garden Outing No Outdoor Gathering	23 10-noon & 1-3 PM Community Rm 11 AM-noon Men's Group Noon-1 PM Queer Allyship 3:30-4:30 PM Virtual Gathering	24 10 AM-noon Bingo 1-3 PM Movie 1-2 PM Women's Grp	Noon Pride Together Block Party & Mural Reveal	
26	27 11 AM-12:30 PM Choir 1-3 PM Community Rm	28 10 AM-noon & 1-3 PM Community Rm	29 11 AM-12:30 PM Outdoor Gathering	10-noon & 1-3 PM Community Rm 11 AM-noon Men's Group Noon-1 PM Queer Allyship 2 PM Birthdays! 3:30-4:30 PM Virtual Gathering	QR code to get the on your ph	calendar	



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MEMBER & VOLUNTEER NEWSLETTER

June 2022

Queer and Allyship Gatherings

Thursdays in June | noon Classroom

Inspired by our "It's Rainin' Love" mural project, the gatherings will be guided by Crystal Meneses (artist in residence) and Matt Segebartt (Spiritual Coordinator).

We are creating a safe place for each other to talk and listen as we learn more about how to practice queer allyship. At each weekly gathering, we will learn about Queer arts in our community, history, and definitions.

Please get in touch with Matt if you have any questions (971-202-7456 or msegebartt@maybellecenter.org).

Open to vaccinated members.

Want to tell your story or your perspective?

Show your talents, thoughts, and what makes you unique

Here's your chance to share with us what's important to you and what you want to share with the world. We want to hear your voice, the experiences that made you the person you are today, and how you came to be part of our Maybelle Center community. We will begin interviews in July. For more info, please contact Julian (971-202-7445 or jchu@maybellecenter.org).

Need to contact us?

members@maybellecenter.org 971-222-7453 (Ruthie)