

# Maybelle's Community VOICE



April 2022



(From left to right) Celeste, Michelle, and Brayden at our 2019 dance.

## Want to tell your story?

Share your perspective, your talents, thoughts, or what makes you unique

We want to hear your voice and your experiences that made you the person you are today or other things that brought you to Maybelle Center.

When you sign up, we'll ask what you'd like to share with the world, photograph you and what's important to you, and put your story on our website. We'll be interviewing May through July. If you have questions, you can reach Julian at [jchu@maybellecenter.org](mailto:jchu@maybellecenter.org)/971-202-7445.

## Art classes

Wed, April 13<sup>th</sup> & Wed, April 27<sup>th</sup>  
10:30 AM-noon | Community Rm

There will be a new art class theme for each session. Look for a text message a few days before each class with more information.



## NEW! Men's Group Every Thursday | 11 AM-noon



Join Matt as we check in on each other's life and story - including challenges and growing in the human experience.

## Spring dance in May!

Exciting news! We will be having a Spring Dance in May! So get your dance moves ready by attending our upcoming dance classes. More info to come.

## Health Classes: Dance! Fridays 2-2:45 PM | Classroom

Join us on the first four Fridays in April as we learn four different types of dancing. Prepare yourself for our spring dance in May while you move for your health!

April 1<sup>st</sup>  
April 8<sup>th</sup>

April 15<sup>th</sup>  
April 22<sup>nd</sup>



## Masks now optional Vaccinations still required

Governor Brown's lifted the mask mandate, and masks are now optional in the Community Room and other events at Maybelle Center.\* However, vaccination is still required. That means we can resume coffee service in the Community Room! We'll also be discussing if and when we can bring back PB&J sandwiches soon.

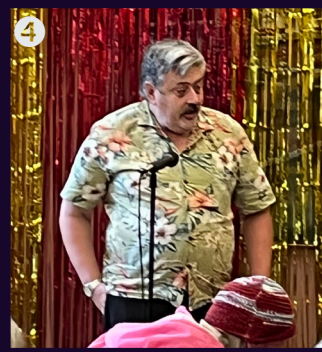
\*Masks still required at the Residence

# SHARING OUR TALENT

Thank you to all our members, residents, volunteers & staff who shared their talents with us at the Talent Show this March!



- 1 Ruthie and Brayden
- 2 Performers receiving gold stars
- 3 Member Team dancing



- 4 Neal singing
- 5 Jennifer tap-dancing
- 6 Tracey singing
- 7 Brayden impersonation
- 8 Desiree singing

Vinny (pictured) and his human companion, Babs, are frequent visitors to the Community Room. Come join in on the fun!



## Vinny turns 6! Let's have a puppy party!

**Fri, April 1<sup>st</sup> | 2-3 PM | Community Rm**

Come celebrate Vinny's birthday with us. Puppuccinos/peanut butter treats for dog friends and a dog-themed movie for human friends!

## Movie Outing

**April 14<sup>th</sup> | 1 PM**



Do you want to go to the movies with us? We are taking another trip and would love to have you join us. Movie ticket and transportation costs are covered by Maybelle. Contact Celeste (chorne@maybellecenter.org/971-202-7457) or drop by the Community room to sign up or get more info.

## Member Art Show

**Tue, April 19<sup>th</sup> | 10-noon & 1-3 PM  
Community Room**

Come view the artistic talent of fellow members during Community Room on April 19<sup>th</sup>.



**Want to display your art?** Please drop it off in the Community Room before Friday, April 15<sup>th</sup>. Questions? Contact Jennifer at 971-202-7466 or jwyant@maybellecenter.org.

## ONGOING OPPORTUNITIES



### Choir

**Mon | 11 AM-12:30 PM**

*Classroom & online*



*Link: [maybellecenter.org/choirzoom](http://maybellecenter.org/choirzoom)*



### Community Room

**Mon | 1-3 PM**

**Tue/Thurs/Fri | 10 AM-noon & 1-3 PM**

- Bingo every Fri at 10 AM 
- Movie every Fri at 1 PM 



### Member Forum

**1<sup>st</sup> Tues each month | 11 AM-12 PM**

(April date: 4/5)

*Community Room*



### Window Decorating

**2<sup>nd</sup> Wed each month | 10-11 AM**

(March date: 4/13)

*Community Room*



### Outdoor Gathering

**Wed | 11 AM-12:30 PM**

(No gathering on 4/6)

*Park blocks at Everett & Flanders*

*(canceled if <40 degrees or raining hard)*



### Walk & Roll (Cherry Blossoms)

**First Thurs each month | 12-1 PM**

(March date: 4/7)

*Meet outside Maybelle Center*



### Birthday Celebration

**Last Thurs each month | 2 PM**

(April date: 4/28)

*Community Room*



### Men's Group

**Thurs | 11 AM-noon | *Meditation Rm***



### Virtual Gathering

**Thurs | 3:30-4:30 PM | *Online***

*Link: [maybellecenter.org/communityzoom](http://maybellecenter.org/communityzoom)*



### 'Too Blessed to be Stressed'

### Women's Spirituality Group

**Fri | 1-2 PM | *Classroom***

### Weekly Social Chats

*Mutually agreed upon time & location*

# APRIL 2022

Find our most current calendar & details (including Zoom links) at [maybellecenter.org/events](http://maybellecenter.org/events)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Scan the QR code to get the calendar on your phone

**1**  
 10 AM-noon **Bingo**  
 1-3 PM **Movie**  
 1-2 PM **Women's Grp**  
 2-3 PM **Puppy Party!**  
 2-2:45 PM **Health Class**

**2**

**3**

**4**

11 AM-12:30 PM **Choir**  
 1-3 PM **Community Rm**

**5**

10 AM-noon & 1-3 PM **Community Rm**

**6**

**No Outdoor Gathering**

**7**

12-1 PM **Walk & Roll**  
 10 AM-noon & 1-3 PM **Community Rm**  
 11 AM-noon **Men's Group**  
 3:30-4:30 PM **Virtual Gathering**

**8**

10 AM-noon **Bingo**  
 1-3 PM **Movie**  
 1-2 PM **Women's Grp**  
 2-2:45 PM **Health Class**

**9**

**10**

**11**

11 AM-12:30 PM **Choir**  
 1-3 PM **Community Rm**

**12**

10 AM-noon & 1-3 PM **Community Rm**

**13**

10-11 AM **Window Decorating**  
 10:30 AM-noon **Art Class**  
 11 AM-12:30 PM **Outdoor Gathering**

**14**

10 AM-noon & 1-3 PM **Community Rm** *1-3 PM cancelled*  
 1-3 PM **Movie Outing**  
 11 AM-noon **Men's Group**  
 3:30-4:30 PM **Virtual Gathering**

**15**

10 AM-noon **Bingo**  
 1-3 PM **Movie**  
 1-2 PM **Women's Grp**  
 2-2:45 PM **Health Class**

**16**

**17**

**18**

11 AM-12:30 PM **Choir**  
 1-3 PM **Community Rm**

**19**

10 AM-noon & 1-3 PM **Community Rm**  
 10 AM-noon & 1-3 PM **Art Show**

**20**

11 AM-12:30 PM **Outdoor Gathering**

**21**

10 AM-noon & 1-3 PM **Community Rm**  
 11 AM-noon **Men's Group**  
 3:30-4:30 PM **Virtual Gathering**

**22**

10 AM-noon **Bingo**  
 1-3 PM **Movie**  
 1-2 PM **Women's Grp**  
 2-2:45 PM **Health Class**

**23**

**24**

**25**

11 AM-12:30 PM **Choir**  
 1-3 PM **Community Rm**

**26**

10 AM-noon & 1-3 PM **Community Rm**

**27**

10:30 AM-noon **Art Class**  
 11 AM-12:30 PM **Outdoor Gathering**

**28**

10 AM-noon & 1-3 PM **Community Rm**  
 11 AM-noon **Men's Group**  
 2 PM **Birthday Party**  
 3:30-4:30 PM **Virtual Gathering**

**29**

10 AM-noon **Bingo**  
 1-3 PM **Movie**  
 1-2 PM **Women's Grp**

**30**



# MAYBELLE

CENTER FOR COMMUNITY

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503-222-5720

<<First Name>> <<Last Name>>  
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<<Mailing Address Line 2>>  
<<Mailing City>>, <<Mailing State/Province>>  
<<Mailing Zip/Postal Code>>

## MEMBER & VOLUNTEER NEWSLETTER

April 2022

### Staff comings & goings



#### **Cecily** *(she/her)*

As many of you know, Cecily has left Maybelle Center. We are very appreciative of Cecily's hard work over the last few years. We will certainly miss her!



#### **Colin McCormack** *(he/him)* **New Operations & Admin Specialist**

Colin was born and raised in inner N/NE Portland, where he still lives with his partner, teenage child, and Cosmo the cat. After several years in the private sector, Colin was excited to return to community-driven work. An alumnus of Portland State University's Community Development Program, he's worked in non-profits, local government, and philanthropy. In the evenings and weekends, Colin enjoys reading, writing, fishing, gardening, dancing, and plain old goofing off.

#### **Matt Segebartt** *(he/him)* **New Spiritual Support Coordinator**



Matt believes in faith and hope, but most of all, love. His goal is to listen well, be present, and offer a safe and non-judgmental place for people to process their experiences. He's open to anyone who wants to talk about goals or life changes, their spiritual journey, or lack thereof. Matt has a degree in religion and has led churches for fourteen years. In between making mistakes and experimenting with life, he's also taught English, flipped burgers, and waited tables. Outside of work, Matt's a philosopher, musician, gardener, and dad.