Let’s Volunteer Together!

DOWNTOWN PORTLAND CLEAN UP

Wednesday, October 20th
from 9-11:30 AM

We are taking care of our neighborhood by joining Solve to de-litter Portland.

Heavy-duty garbage bags, litter grabbers, safety vests, rubber palm work gloves, and snacks will be provided for all participants.

For more details or to sign up, call or text Celeste at 503-351-7401.

Get to know our newest staff members

Julian Chu (he/him) Outreach Specialist

Empathy, equity, compassion, and intersectionality are part of Julian’s core. For the past four years, he’s supported vulnerable and marginalized communities through community engagement, program management, event coordination, and outreach. Julian has a BA in women, gender, and sexuality studies and plans to pursue graduate work in psych and social work.

Outside of work, you’ll find him learning and gushing over a new animal each week. He will especially be preoccupied with his puppy (as soon as he gets one).

Maura Phillips (she/her) | Member Support Specialist

Maura’s passion is building community and deeply connecting with others. Born and raised in the California Bay Area, she moved to Portland to pursue her BA in English Literature. Maura discovered her love of social services when she worked as a Residential Advisor and moved into residential mental health services after graduating.

Outside of work, Maura loves reading, journaling, and exploring the many natural wonders the Pacific Northwest has to offer. You may find her hiking a mountain in search of a view, camping in the forest, or swimming in the river.
Mosaic Open House
Oct 17th from 2-4 PM

The mosaic is up on the wall in our Courtyard and it’s stunning! Would you like to see it? You are invited to an open house on Sunday, October 17th. Come any time between 2 and 4 PM.

What to expect:

• Open to all fully vaccinated members and volunteers. Please bring proof of vaccination (if you haven’t shown your card already).
• We will also invite donors and community members who contributed to the project.
• Folks will enter through the Maybelle’s Southside door, mingle in the Courtyard, and exit through the Community Room. It’s also a perfect opportunity to see the renovations that we completed during the pandemic closure. Our member, Babs, photographed the installation process, and she’s excited to share some of her favorites!
• Maybelle Community Singers will perform two 10 minute sets in the Courtyard.
• There will be brief remarks from our Executive Director (Michelle Meyer) followed by a Q&A with the glass artist (Todd Beaty).
• You’ll leave with to-go snacks and a magnet with the mosaic image (while supplies last).
• Masks required at all times (including in the Courtyard).
• If you cannot attend, we still want you to be able to experience the mosaic! After the event, we’ll send a video with views of the finished mosaic and artists interviews.
## Choir news
- We’ve extended choir rehearsals by a half hour. We now meet every Monday from 11 AM - 12:30 PM.
- We’re currently working towards a performance at the Mosaic Open House on October 17th. Come see us perform!
- Because fall weather is unpredictable, all choir rehearsals will now be held INDOORS in the Community Room. Proof of vaccination is required.
- We will continue to offer a remote-attendance option through Zoom for those unable to attend in person, including unvaccinated members: maybellecenter.org/choirzoom (Meeting ID: 878 4868 9453 | Password: 450479)
- Choir members can find lyrics, sheet music, and videos at maybellecenter.org/choir/resources/

### OCTOBER

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Find our most current calendar & more details (including Zoom links) at maybellecenter.org/events

Scan the QR code to get the calendar on your phone

Now open FRIDAYS! Starting Oct 8th
Meet monthly to walk or roll with others who want to enjoy positive interactions with fellow human beings. Starts Oct 1st!

Walking or rolling outdoors is a simple action that positively affects our physical and psychological health: cardiovascular health, overall mood, energy level, happiness, and self-esteem. Shared Walks also create a playful space for the exploration of the environment and others.

**Meet at 11:30 AM on the first Thursday of each month outside of the US Bancorp Tower (The Big Pink Building) at 111 SW 5th Ave.**

*How will it work?* You’ll be put in pairs and given a card and a map. The card will have a theme for you to discuss. Then, as you walk, you’ll share observations, impressions, thoughts, feelings, memories, stories, associations about the theme with your partner. Each month we’ll follow a different route - the map will guide you. Walks can be 30 minutes or 1 hour.

Each person that attends our walks is volunteering to make connections in our community.